Sugar Land Bible Church Yvonne Myers

Ladies’ Retreat March 2015

VICTORY IN THE TRIALS OF LIFE

THROUGH FAITH-RESTING IN GOD AND HIS WORD

(Hebrews 4)

Faith Defined: To \_\_\_\_\_\_\_\_\_\_ in, depend on or rely on. Confidence and trust in the ability, power, skill and promises of another, specifically \_\_\_\_\_\_\_.

\*Hebrews 11:6

“But without \_\_\_\_\_\_\_\_\_\_\_\_ it is impossible to please Him, for he who comes to God must \_\_\_\_\_\_\_\_\_\_\_ that He is, and that He is a rewarder of those who diligently seek Him.”

I. THE EXPLANATION OF GOD’S REST (4:1-10)

A. THE *MEANIN*G OF REST.

The word rest literally means to \_\_\_\_\_\_\_\_\_\_ thoroughly; to cease from work; to lie down; to rest.

B. THE *WARNING* ABOUT REST. (4:1)

1. The warning is given to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

2. The warning is to not \_\_\_\_\_\_\_\_\_ to enter the rest that God has provided and promised by His grace through faith for you.

C. THE *MEANS* OF REST. (4:2-3)

*The means of God’s rest involves….*

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_ the promises of God.

2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_ the promises of God.

D. TWO PAST *ILLUSTRATIONS* OF REST, which God in the past provided. (4:4-5)

1. The rest of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (4:4)

2. The rest of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ land. (4:5)

E. THE *PROVISION* OF GOD’S REST. (4:6-10)

1. The rest God provides is available to \_\_\_\_\_ believers but entered only by \_\_\_\_\_\_\_\_\_. (4:6)

2. The rest God provides is entered only \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in God’s person and promises.

3. The rest God provides is to be entered \_\_\_\_\_\_\_\_\_\_\_\_. (4:7-8)

4. The rest God provides is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (4:9)

5. The rest God provides is a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ rest. (4:9)

6. The rest God provides is for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (4:9)

7. The rest God provides is by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (4:10)

II. THE ENTRANCE INTO GOD’S REST. (4:11-16)

A. The *ENCOURAGEMENT* to enter God’s rest (4:11a)

B. The *ELEMENTS* involved in entering God’s rest. (4:11-16)

1. There’s the factor of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (4:11a)

2. There’s the factor of \_\_\_\_\_\_\_\_\_\_. (4:11b)

3. There’s the factor of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (4:12)

4. There’s the factor of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (4:13)

5. There’s the factor of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (4:14-15)

6. There’s the factor of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (4:16)