Sugar Land Bible Church Yvonne Myers

Ladies’ Retreat March 2015

VICTORY IN THE TRIALS OF LIFE

THROUGH FAITH-RESTING IN GOD AND HIS WORD

(Hebrews 4)

Faith Defined: To \_\_\_\_\_\_\_\_\_\_ in, depend on or rely on. Confidence and trust in the ability, power, skill and promises of another, specifically \_\_\_\_\_\_\_.

\*Hebrews 11:6

“But without \_\_\_\_\_\_\_\_\_\_\_\_ it is impossible to please Him, for he who comes to God must \_\_\_\_\_\_\_\_\_\_\_ that He is, and that He is a rewarder of those who diligently seek Him.”

I. THE EXPLANATION OF GOD’S REST (4:1-10)

 A. THE *MEANIN*G OF REST.

 The word rest literally means to \_\_\_\_\_\_\_\_\_\_ thoroughly; to cease from work; to lie down; to rest.

 B. THE *WARNING* ABOUT REST. (4:1)

 1. The warning is given to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

 2. The warning is to not \_\_\_\_\_\_\_\_\_ to enter the rest that God has provided and promised by His grace through faith for you.

 C. THE *MEANS* OF REST. (4:2-3)

 *The means of God’s rest involves….*

 1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_ the promises of God.

 2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_ the promises of God.

 D. TWO PAST *ILLUSTRATIONS* OF REST, which God in the past provided. (4:4-5)

 1. The rest of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (4:4)

 2. The rest of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ land. (4:5)

 E. THE *PROVISION* OF GOD’S REST. (4:6-10)

 1. The rest God provides is available to \_\_\_\_\_ believers but entered only by \_\_\_\_\_\_\_\_\_. (4:6)

 2. The rest God provides is entered only \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in God’s person and promises.

 3. The rest God provides is to be entered \_\_\_\_\_\_\_\_\_\_\_\_. (4:7-8)

 4. The rest God provides is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (4:9)

 5. The rest God provides is a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ rest. (4:9)

 6. The rest God provides is for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (4:9)

 7. The rest God provides is by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (4:10)

II. THE ENTRANCE INTO GOD’S REST. (4:11-16)

 A. The *ENCOURAGEMENT* to enter God’s rest (4:11a)

 B. The *ELEMENTS* involved in entering God’s rest. (4:11-16)

 1. There’s the factor of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (4:11a)

 2. There’s the factor of \_\_\_\_\_\_\_\_\_\_. (4:11b)

 3. There’s the factor of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (4:12)

 4. There’s the factor of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (4:13)

 5. There’s the factor of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (4:14-15)

 6. There’s the factor of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. (4:16)